

# K-6 CROSS COUNTRY RACES 2019

PLACE: ROCKY RIDGE (WICK RECREATION AREA)  
1861 McCollum Rd  
Yo., Ohio 44509

DATES: THURSDAY SEPT 12  
THURSDAY SEPT 19  
THURSDAY SEPT 26  
THURSDAY OCT. 3                      PICNIC TO FOLLOW

TIMES: RACES BEGIN PROMPTLY AT 5:30  
PLEASE ARRIVE NO LATER THAN 5:15

ST. CHARLES PRACTICE IS ON TUESDAYS FROM AUG. 27 to OCT 1- 2:30-3:30 Please come prepared with PROPER ATTIRE, SHOES, AND WATER, WATER, WATER!

The parochial cross country program is offering all boys and girls in grades K-6 the opportunity to run in a series of races at the Wick Recreation Facility in Mill Creek Park. The race distance is approximately 1/2 mile. There is no charge for the program. Just lace up your running shoes and come with your permission and waiver form below. If you have any questions or need additional information please contact Dawn Kiraly @ 330-398-1333.

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NAME \_\_\_\_\_ GRADE \_\_\_\_\_ SCHOOL \_\_\_\_\_  
ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_  
PHONE \_\_\_\_\_ BOY \_\_\_\_\_ GIRL \_\_\_\_\_

I know that running races is a potentially hazardous activity. I hereby give my consent and approval for the above mentioned student to participate in this racing program. I assume all risks associated in running these events including but not limited to; falls, contact with other participants, the effects of weather, traffic, and the conditions of roads and trails. I certify that he/she is physically fit and able to participate in this race program. I will not hold any school, the Diocese of Youngstown, Mill Creek Park Dawn Kiraly or any of their associates responsible in case of any illness or injury.

Additional medical  
conditions \_\_\_\_\_  
PARENT/GUARDIAN \_\_\_\_\_ DATE \_\_\_\_\_

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